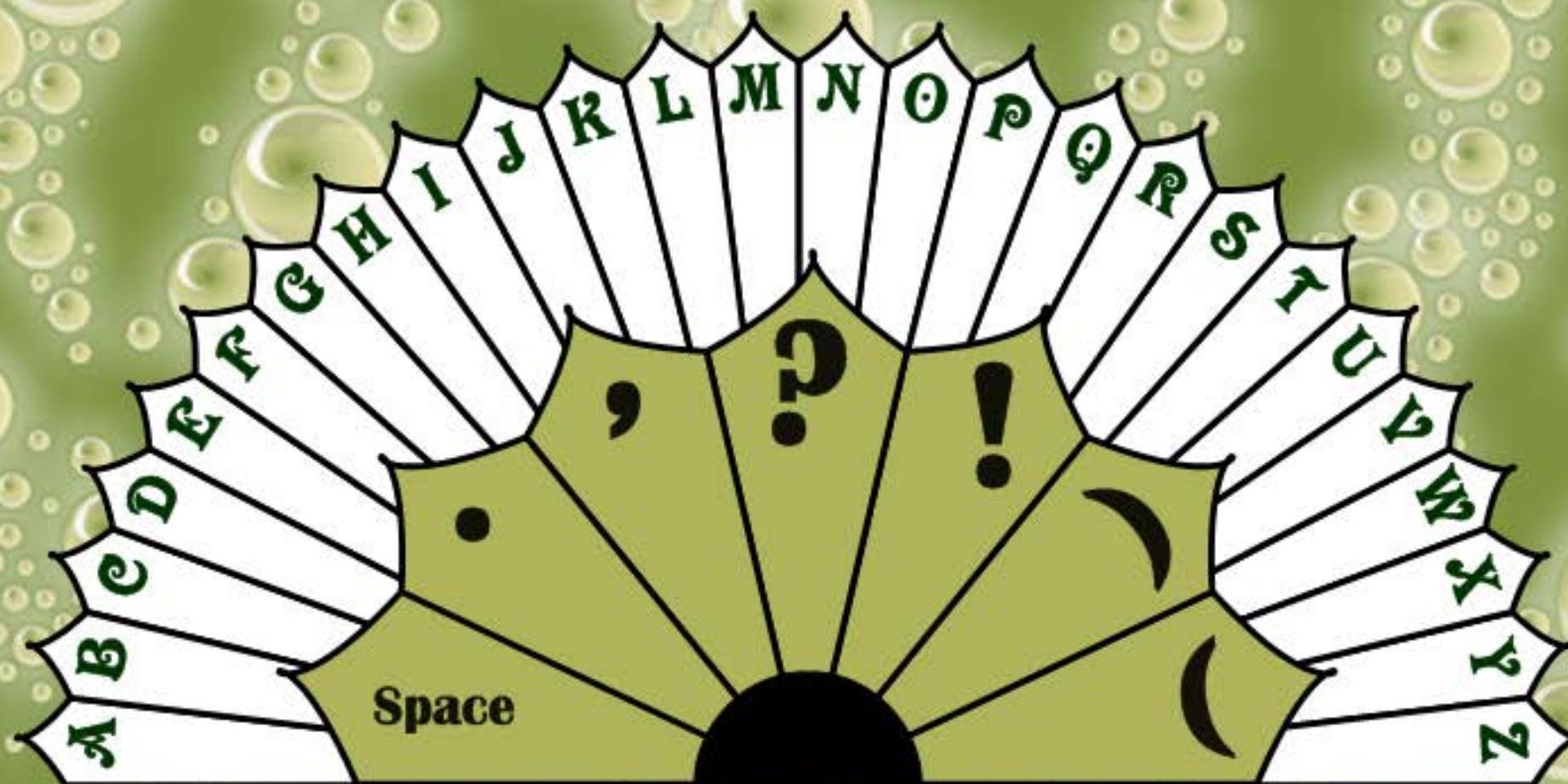


Dowse This...

Free Dowsing Charts



A Book Series By Juanita Ott

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Free Dowsing Charts

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Juanita Ott

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Front and Back Covers designed by Juanita Ott

Man who says it cannot be done,
should not interrupt man doing it.

Chinese proverb

Disclaimer

The techniques, processes, ideas and suggestions in this book are not intended as a substitute for the medical recommendations of physicians or other health-care providers. Please seek qualified medical advice in your own community as required. The FDA has not evaluated these statements or procedures. Any application of the techniques, processes, ideas and suggestions in this book are at the reader's sole discretion and risk. The authors bear no responsibility for any applications or consequences of the above mentioned items.

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How to Chart Dowse:

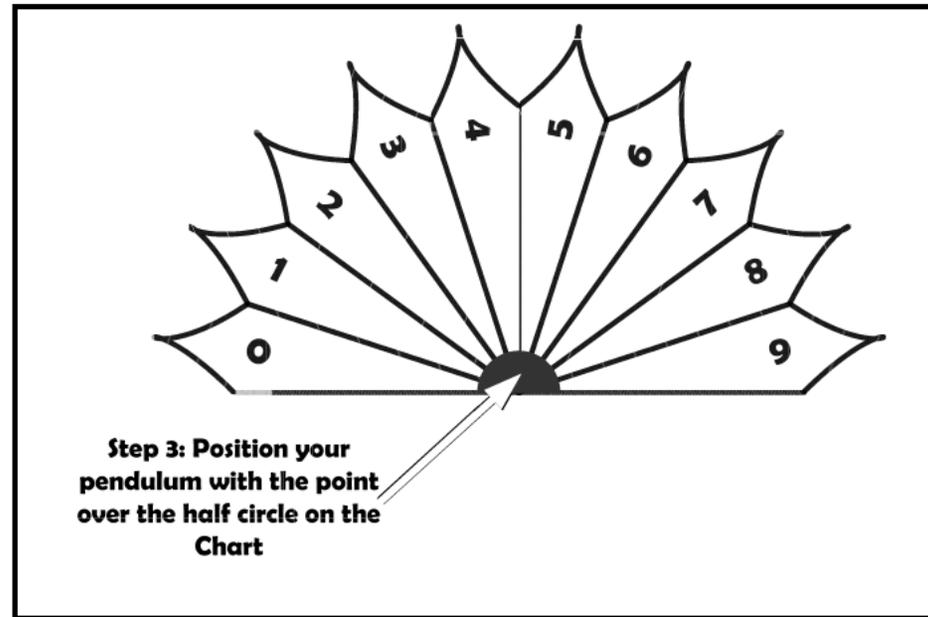
Step 1:

I do my “prepare to dowse”; this is different for everyone. Some folks might say a short prayer. Some may ask a series of questions such as: “Am I hydrated?” “What will be my percentage of accuracy today?” “Do I have permission to dowse for this issue at this time?” “Am I ready, willing and able to dowse on this issue?” “May I, Can I, Should I?” The list is endless and each and every one of us should have a preparation that feels right for us. Or no preparation if that is what feels right for you. In my opinion, if it feels right do it. However, since everyone has a right to personal privacy; please do not intrude on the privacy of others without their permission.

Step 2:

I then ask to be connected to my Highself and connect to any guides with whom I work. I might dowse to see which archangel would be most helpful for me to request assistance from in dealing with the issue that needs investigation or clearing. If it is a health issue, I might ask to connect to the Highself of an individual that is an expert in the field with which I am concerned. For instance I might ask if I can connect with the essence of Dr. Samuel Hahnemann, the founder of Homeopathy, when dowsing for Homeopathic Remedies. If I am dowsing for someone else, with their permission, I will also ask to be connected to their Highself, and as soon as I am connected, I again ask for permission from their Highself to dowse the issue. If I get a “no,” this might indicate this is not a good time for them and I will ask again later. I have found that sometimes if the individual is involved in an activity that for them is important in some way, I am told “no”; I do not have permission to dowse at this time. Once a “no” is received by some dowers they might never check for permission again, assuming that if permission was denied once this will continue to be the case. As for me, I always check back at another time, or I might dowse for a more appropriate time using a timing chart. I have included a Timing Chart in the Tools section.

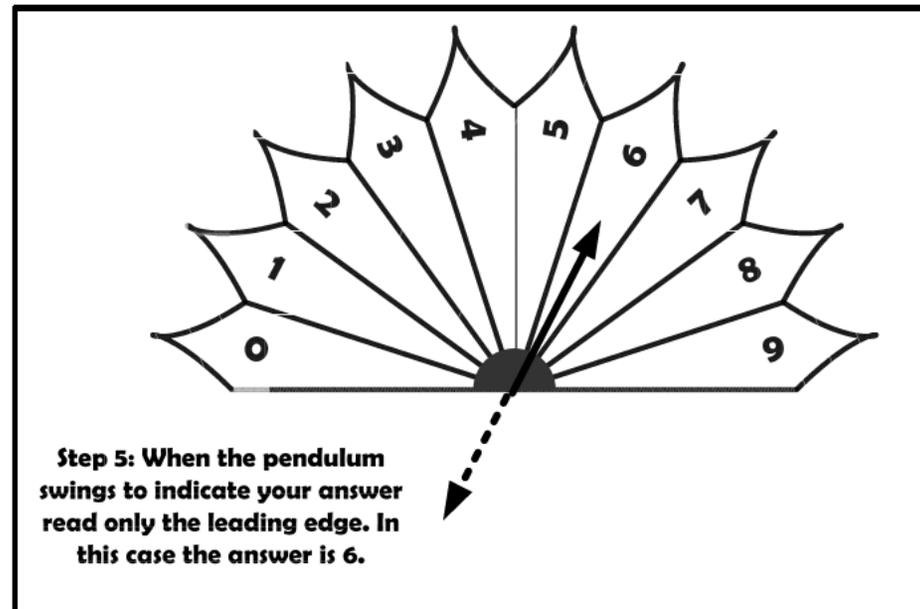
When I ask to connect, my pendulum swings diagonally NE to SW; when I am connected the pendulum swings N to S to indicate to me “yes, you are connected”. These directions can be different according to the language set up by your own sub-conscious. Once you have established your connection, flip to the chart that you are going to dowse.



Step 4:

Ask your question. Be sure that the question is formulated so that you are getting a meaningful answer. I often write the questions out in my dowsing journal so I can refer back to the questions and/or the answers. If I get an answer that seems off in some way, just doesn't resonate, I am able to re-examine the question to see what I really might have asked. I have provided a sample of questions I might ask below.

Q: How many hours before I should take my next dosage of Magnesium?



Note:

If dowsing a full circle chart and you are not sure how to read your leading edge, you might first ask if the answer to the question you are seeking is on the Right or Left side of the chart. If on the Left side, your pendulum should swing diagonally pointing upper left to lower right. If your answer is to be found on the Right, then the pendulum should swing diagonally pointing upper right to lower left. Once you have determined on which side of the chart you will read

your answer you can go ahead and dowse your question. Alternatively, you can dowse the question, get your two possible answers, and then dowse asking for a Yes or No for each possible answer. With practice you will become adept at reading the leading edge and will not have to determine first where your answer will be.

Step 6:

I do generally ask for confirmation after I have been shown an answer. I will ask

Q: *Is the answer to 'my question' a 6?*

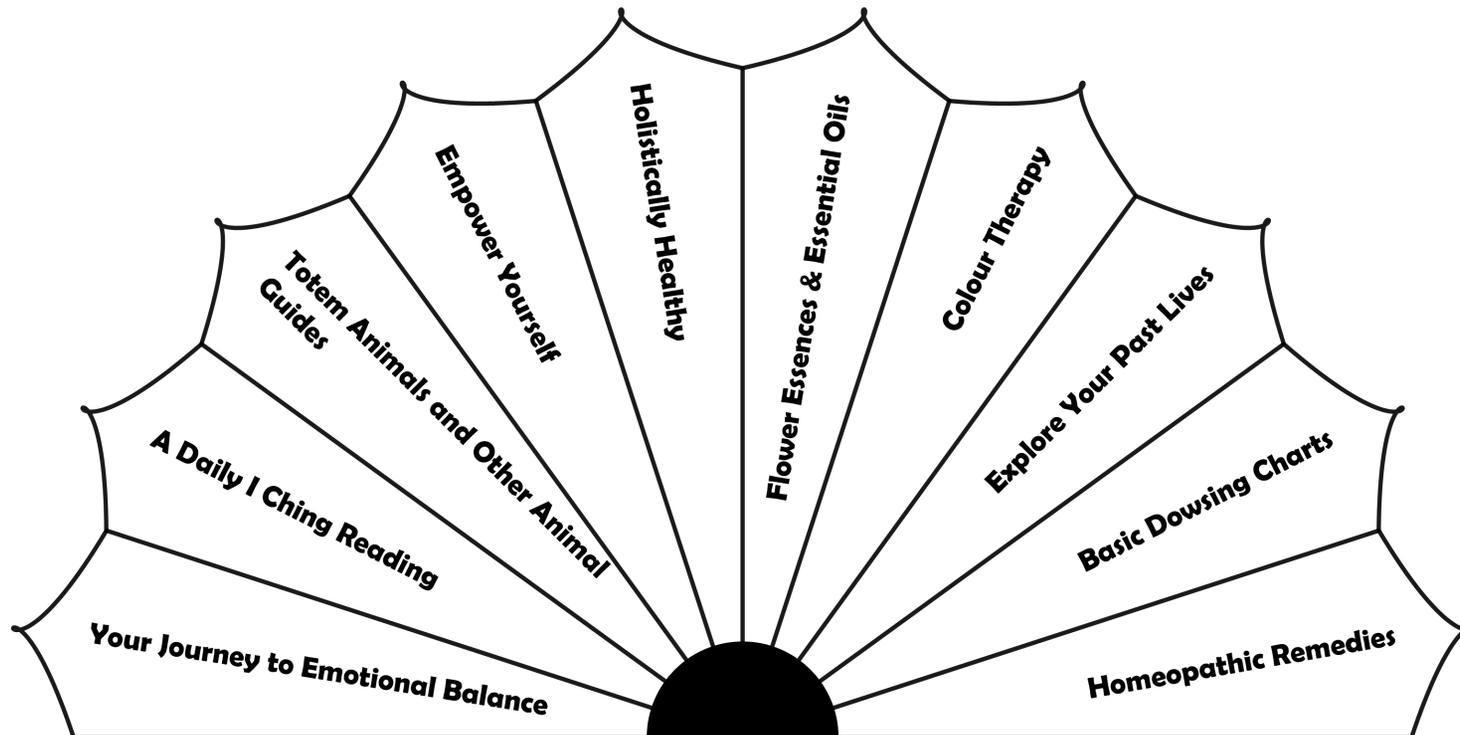
The pendulum will then indicate a Yes or No by swinging in the direction of those answers as predefined with my Dowsing System. I also sometimes ask if the answer received was Wishful Thinking or Universal Knowledge. I then generally give gratitude, often just by saying a simple thank you. This indicates to my subconscious mind that I have received the answer and I am ready to move on. Gratitude is not necessary but for me it feels right. I have received the 'gift' of an answer to my question and I am grateful for the information provided.

Where to Find More Dowsing Charts

We at Dowse This have specialized in creating fine Dowsing Charts for many years. Much thought, research and preparation go into the making of each chart. We have published several Chart Dowsing Books with more being worked on daily. Please visit our websites for more free charts, lessons and thought provoking articles; www.mirrorwaters.com and www.dowsethis.com. We sincerely hope you enjoy these free charts.

Dowse This... Book Series

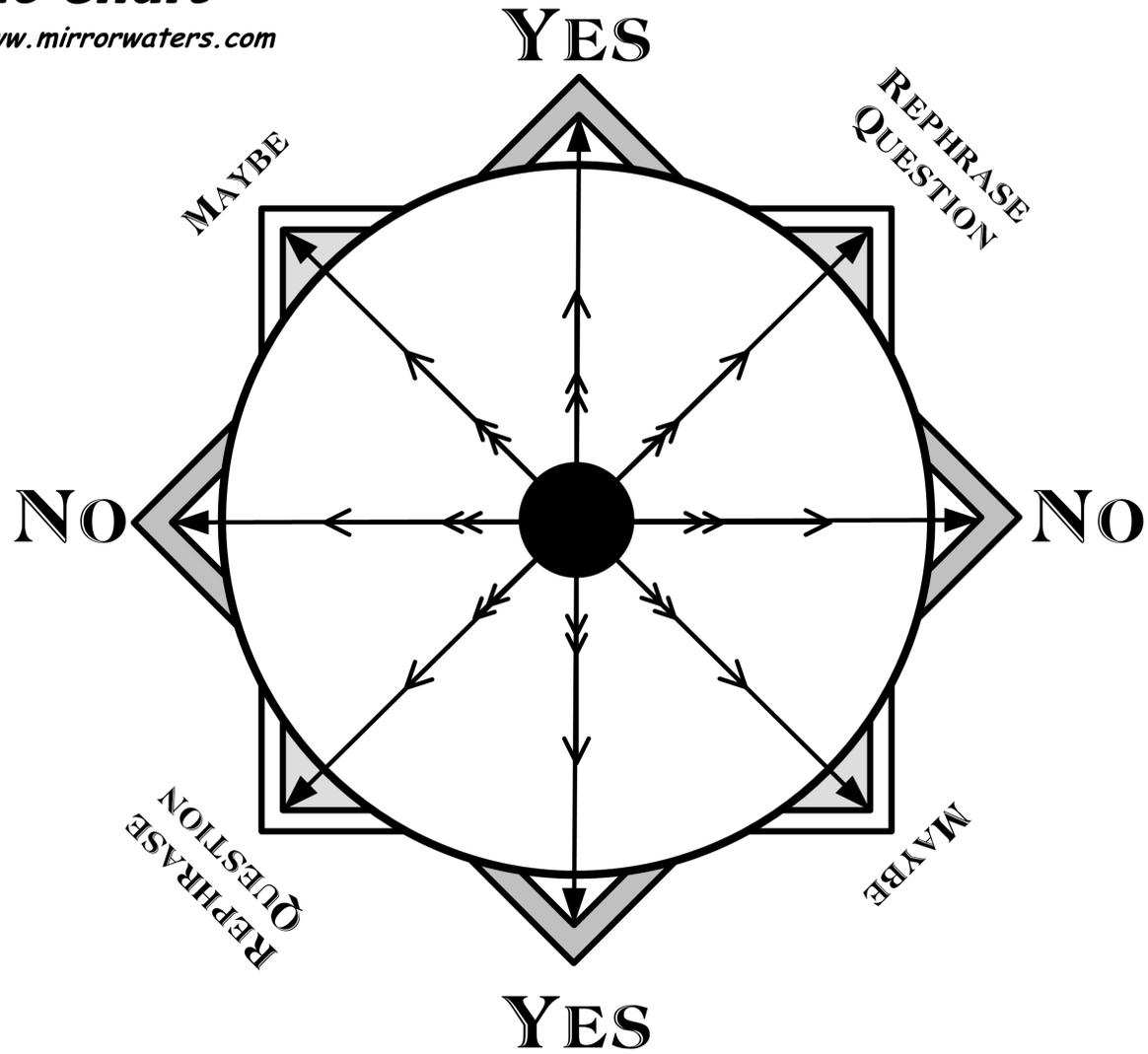
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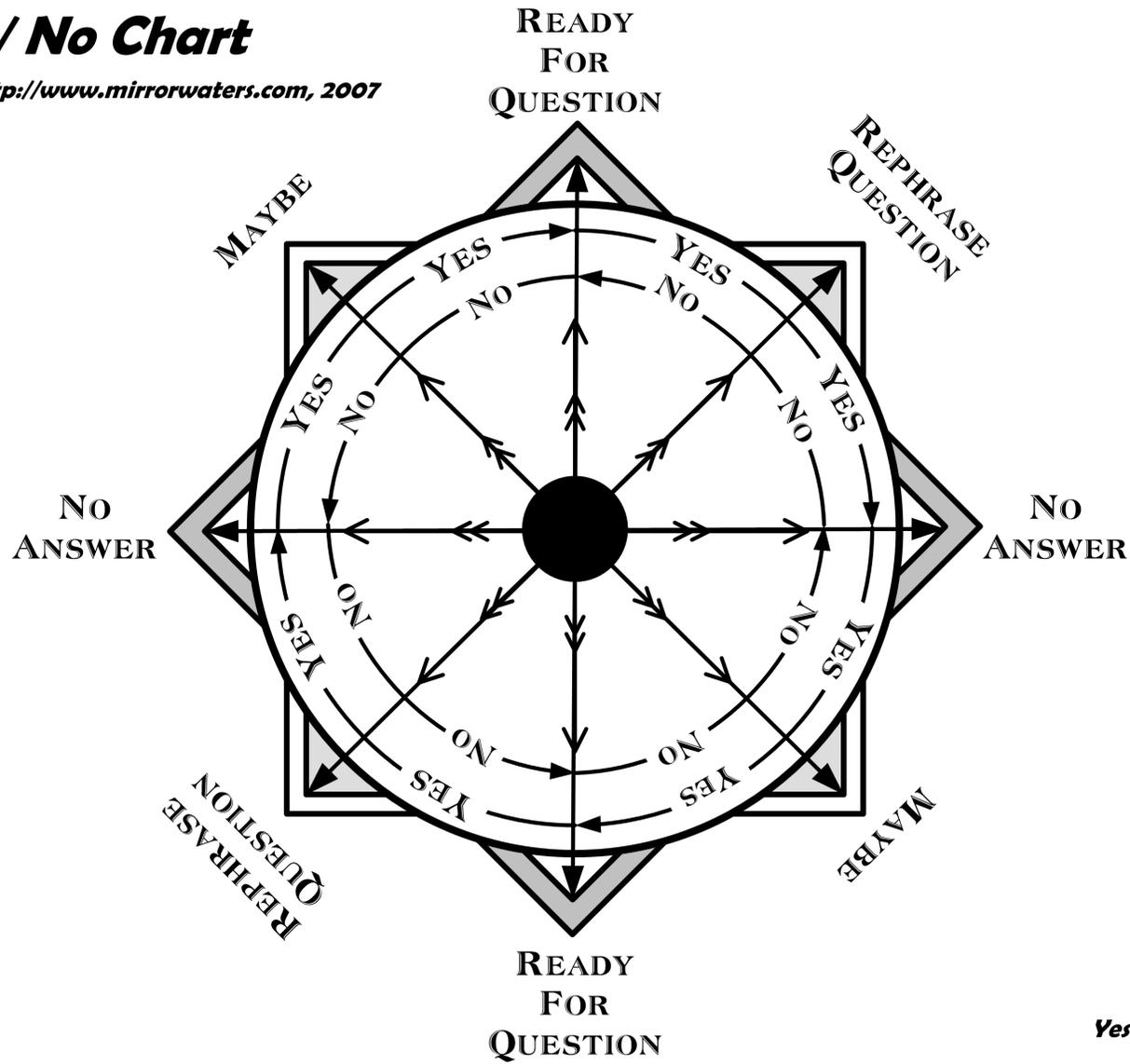
Yes / No Chart

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Yes / No Chart

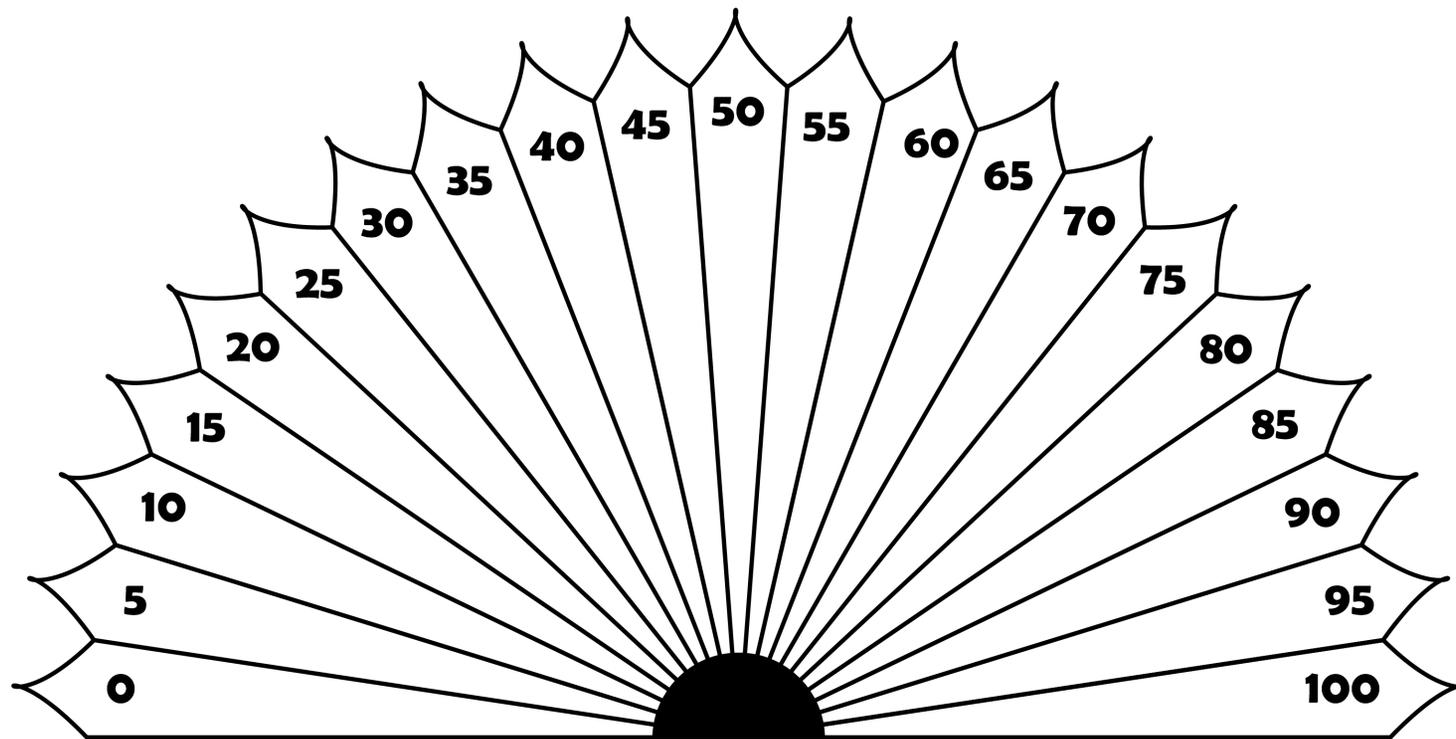
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Yes / No Chart

Percentage / Probability

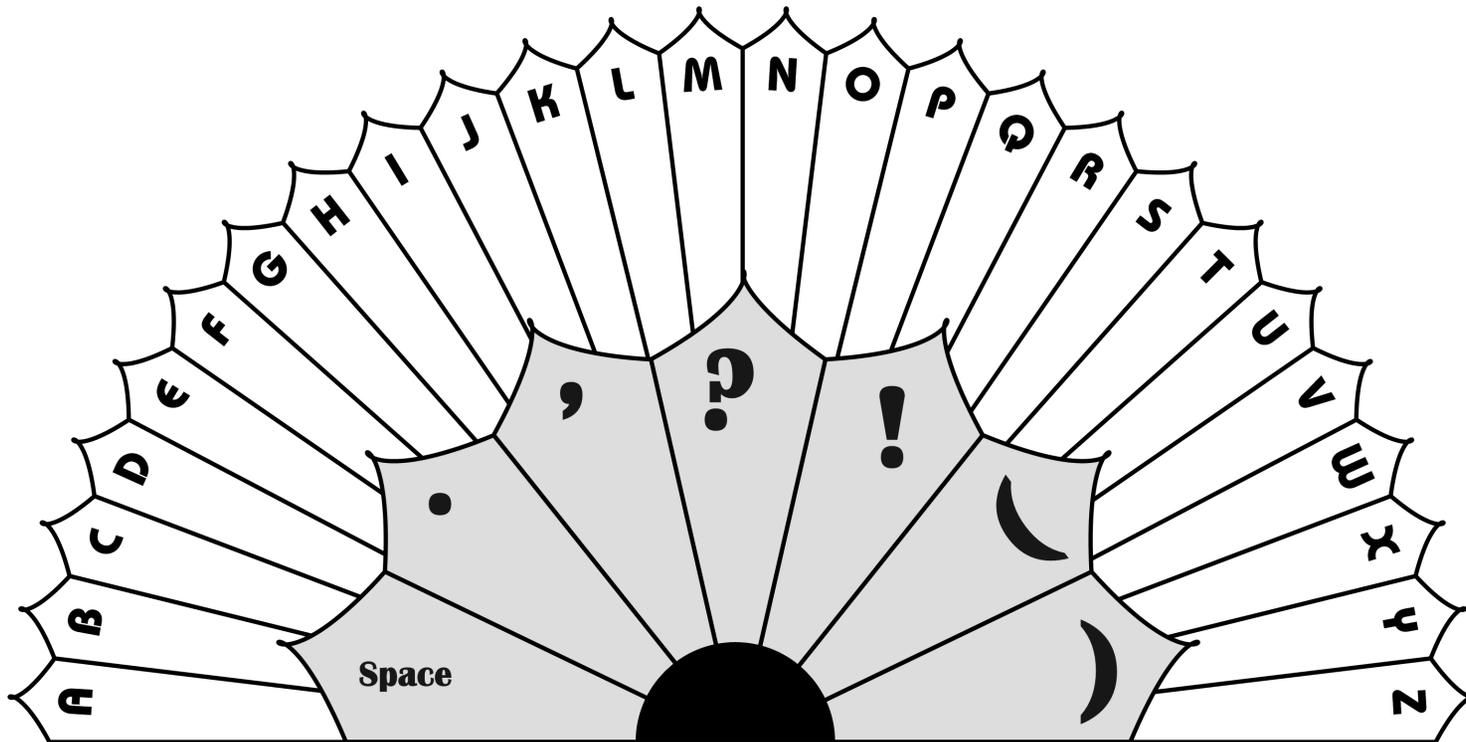
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Percentage / Probability

Alphabet Chart

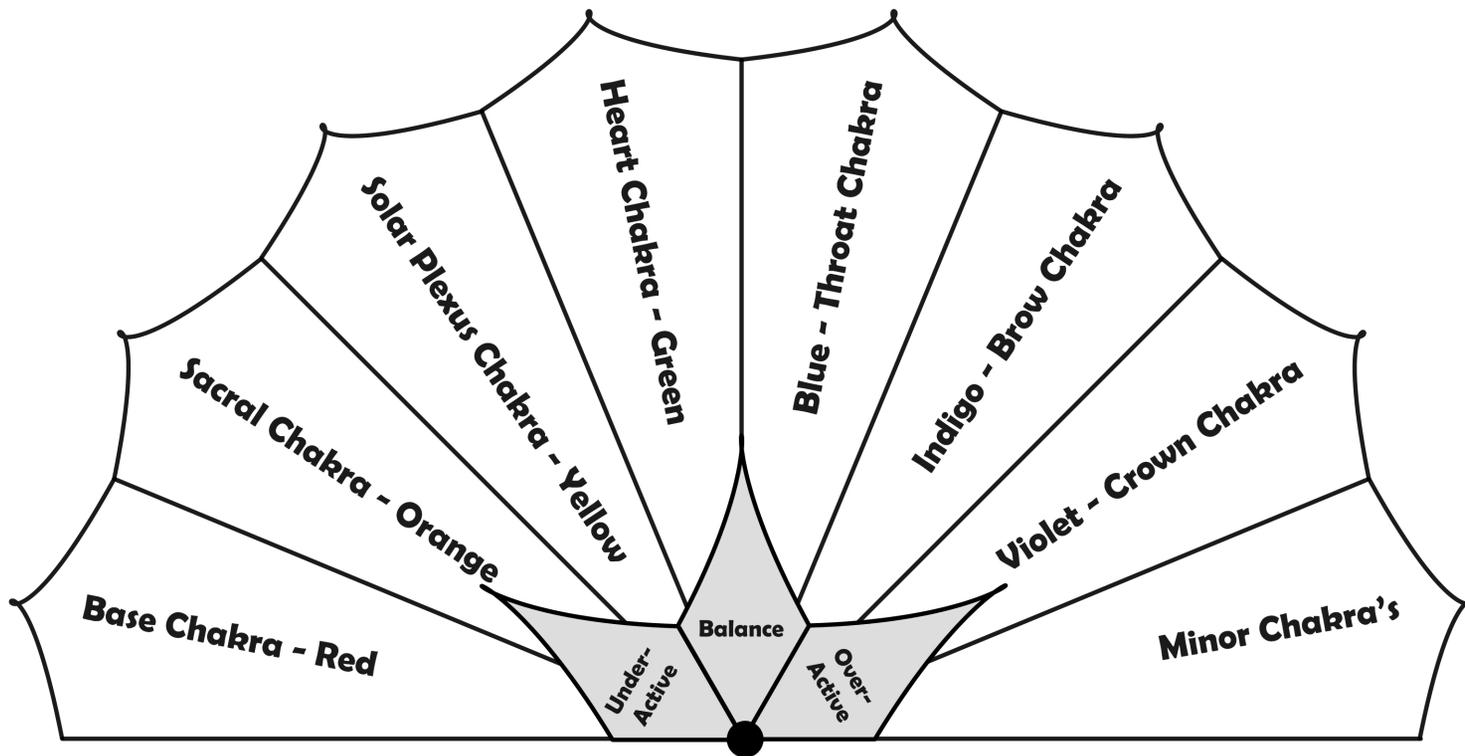
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Alphabet Chart

Chakra Chart

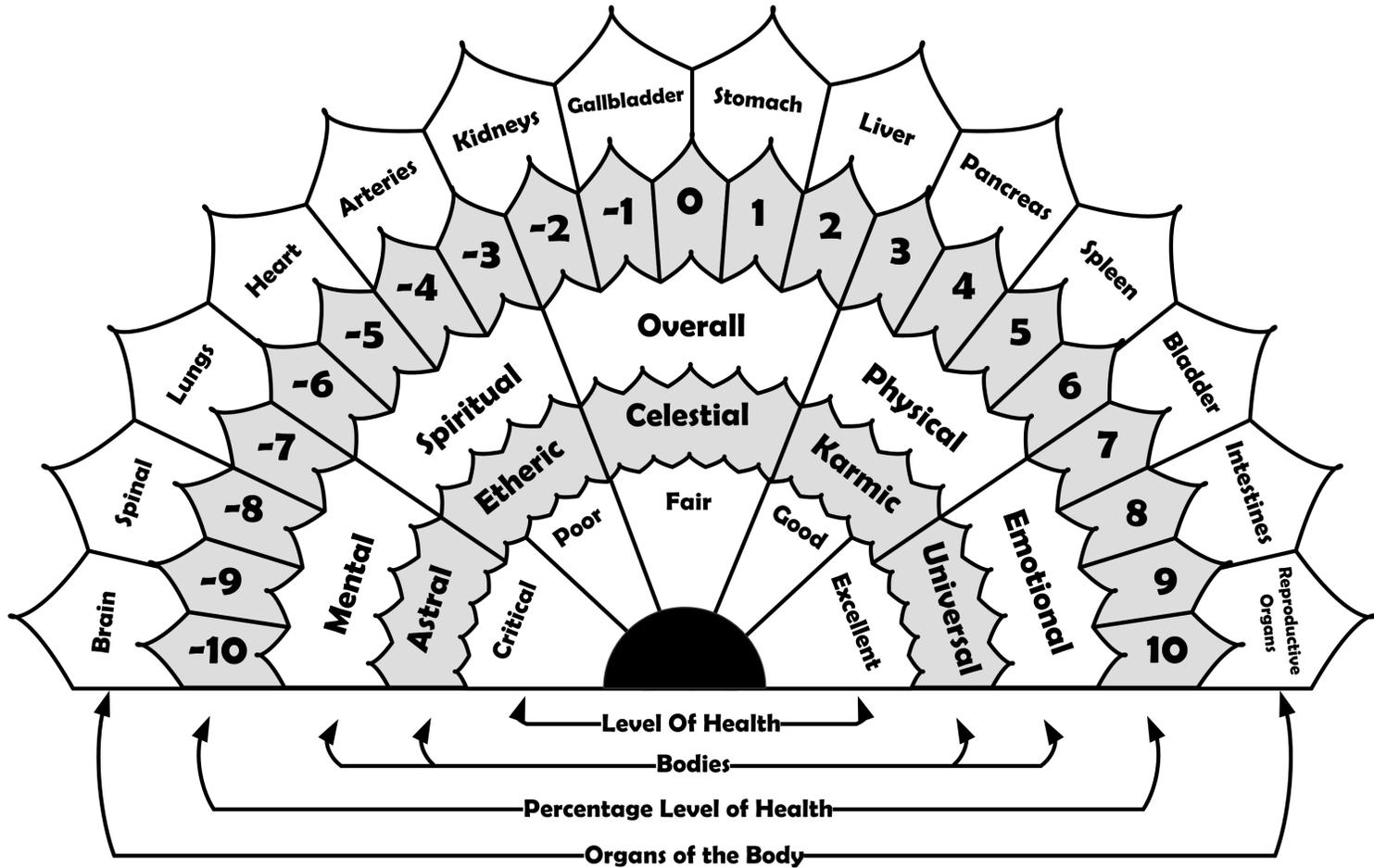
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Chakra Chart

Health Gauge

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Health Gauge

Health Gauge Measurements

Name - _____.

Mental - _____.

Spiritual - _____.

Overall - _____.

Physical - _____.

Emotional - _____.

Etheric - _____.

Astral - _____.

Karmic - _____.

Celestial - _____.

Universal - _____.

Brain - _____.

Spinal - _____.

Lungs - _____.

Heart - _____.

Arteries - _____.

Kidneys - _____.

Gallbladder - _____.

Stomach - _____.

Pancreas - _____.

Spleen - _____.

Bladder - _____.

Intestines - _____.

Reproductive Organs - _____.

Date - _____.

Name - _____.

Mental - _____.

Spiritual - _____.

Overall - _____.

Physical - _____.

Emotional - _____.

Etheric - _____.

Astral - _____.

Karmic - _____.

Celestial - _____.

Universal - _____.

Brain - _____.

Spinal - _____.

Lungs - _____.

Heart - _____.

Arteries - _____.

Kidneys - _____.

Gallbladder - _____.

Stomach - _____.

Pancreas - _____.

Spleen - _____.

Bladder - _____.

Intestines - _____.

Reproductive Organs - _____.

Other Available Titles

Dowse This... Your Journey to Emotional Balance; A Book Series Juanita Ott

A growing body of evidence indicates that unresolved feelings and emotions are responsible for an estimated 90% of physical problems. It is further recognized that unresolved feelings remain very much alive in the physical body and will often resurface as physical disease or illness.

This book is a comprehensive set of charts developed to assist you in detecting, balancing and clearing non-beneficial energies & emotions, as well as identifying and increasing beneficial energies with the use of dowsing charts and the pendulum.

Dowse This... A Daily I Ching Reading; A Book Series by Juanita Ott

A quick and simple and fast way to do your I Ching Reading.

Dowse This... Totem Animals and Other Animal Guides; A Book Series Juanita Ott

Have you ever wondered how to determine your Totem Animal? This was a question I heard so often I decided to create a dowsing chart to simplify the process. A few years ago I began to collect lists of animals and soon my list became too large for a simple chart. This book consists of 27 dowsing charts and 1 blank chart to assist you in discovering your totem, power, message, guide, and/or medicine animal to name but a few.

Dowse This... Empower Yourself; A Book Series by Juanita Ott

A set of 64 charts to dowse in a handy coil bound format. Use the blank charts to create your own custom dowsing charts designed specifically for you, your life, and environment. The book is organized so you can create your own title for each chart and your own table of contents. Also included is a Consciousness Level Chart for use with the book Power Vs. Force by Dr. David Hawkins, and 3 Complete charts, a Measurement Chart for dowsing beneficial or detrimental effects of the dowsed choices a Dosage Chart for any supplements you might take, and an Alphabet Dowsing Chart.

Dowse This... Holistically Healthy; A Book Series by Juanita Ott

A set of 162 dowsing charts; which includes body system dowsing charts, supplements, herbs, & foods. Also included is a comprehensive set charts of possible allergens, an allergen homeopathic remedy chart and a sample allergy panel. This is a handy all-around companion book. These charts are not limited to just supplements or allergies. Use the Spice Charts to dowse which spices to add to your soup. Company Coming? Dowse which foods are safe for your guests. The uses for this book will only be limited by your imagination.

COMING SOON

All titles are subject to change prior to publication.

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Dowse This... Homeopathic Remedies; A Book Series by Juanita Ott

**To purchase any of these titles or for release information,
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